



HIGH  
POINT  
*Friends*  
MEETING  
336-884-1359

### In Ministry

Minister:  
Scott Wagoner

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Organ:  
Carmen Farlow

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Piano & Voice:  
Wanda Simmons

October 29, 2023

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## Genesis 28:10-17

10 Jacob left Beer-sheba and set out for Haran. 11 He reached a certain place and spent the night there. When the sun had set, he took one of the stones at that place and put it near his head. Then he lay down there. 12 He dreamed and saw a raised staircase, its foundation on earth and its top touching the sky, and God's messengers were ascending and descending on it. 13 Suddenly the Lord was standing on it[a] and saying, "I am the Lord, the God of your father Abraham and the God of Isaac. I will give you and your descendants the land on which you are lying. 14 Your descendants will become like the dust of the earth; you will spread out to the west, east, north, and south. Every family of earth will be blessed because of you and your descendants. 15 I am with you now, I will protect you everywhere you go, and I will bring you back to this land. I will not leave you until I have done everything that I have promised you." 16 When Jacob woke from his sleep, he thought to himself, The Lord is definitely in this place, but I didn't know it. 17 He was terrified and thought, This sacred place is awesome. It's none other than God's house and the entrance to heaven.

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## Message:

### "Waking Up to the Sacred Around Us"

**Open Worship:** In this time of open worship, Friends take time to center down, wait on God to provide ministry to your soul and see if God wishes to use you as an instrument of grace.

**Hymn:** "Mid All the Traffic of the Ways (*Insert*)

**Benediction:**

**Postlude:**

### Thoughts for Reflection:

"When you return to Here, you can come alive to the reality that God is found there, wherever there is. When you touch life deeply in each moment, you come alive to the reality that the entire cosmos is contained in this very moment. We'll get where we need to go when we learn to be where we are. It's how the way of mindfulness is made... The way of mindfulness is gentle, like falling asleep and waking up. Its slow and steady work is marked by increasing levels of wonder in ordinary moments, enabling you to be present and at one with those around you and with what you are doing."

*(Steve Wiens, Shining Like the Sun)*

# High Point Friends Meeting

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Prelude:

Touch Through Me

*As the music begins, we invite Friends to settle into a silence that serves to prepare us for our time of worship. Welcome the music to gather us together as a faith community at worship.*

Welcome & Announcements:

Centering Prayer: "Loving God, still the noise in our souls and the agitation of our minds. Slow down our thinking and help us to focus on this present moment. Help us to keep from running away from the moment, but to be present to the moment and how we are encountering You in that place. Amen."

Hymn: "O God, Our Help in Ages Past" #39

Prayers & Concerns:

Offertory: Teach Me to Stop and Listen

Scripture:

Genesis 28:10-17

Hymn:

"Be Still and Know" (Insert)

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