

# THE FRIENDLY LIGHT

April 2025



## Birthdays

4/10

Rosa Albertson

4/12

Betty Jo Hayes

4/19

Stephanie Blair

Toby Sugden

4/23

Eddie Solomon

4/29

Nancy Murr

## Anniversaries

4/28

Joseph & Dianne Neal

### **Breakfast Anyone?**

Breakfast seems like one of those meals that's pretty good at any time. One of our favorite "go to meals" when we are either too tired to cook something or don't know what to cook is to have "Breakfast for Dinner" – whip up some eggs, put in some toast, maybe a little bacon, and you've got a perfect meal. I've been known to have an omelet for even a weekday lunch! And if there is anything I can cook at least halfway decent, it's the Breakfast Casserole that often shows up at the Wagoner house during Christmas and other special occasions.

This is why it does my heart good to remember that in the Gospels, one of the first things Jesus does after his resurrection is cook breakfast! In his Gospel, John tells us the story at the end of his Gospel where the disciples are fishing on the Sea of Tiberius after Jesus simply says, "I'm going fishing." The fishing doesn't go well at first until Jesus calls to them to cast their net on the other side. The disciples do so, and the number of fish is so great they can't haul in the net. It's at that moment that Peter realizes it's Jesus.

Peter jumps into the water and runs to the shore, leaving the other disciples to drag the net full of fish to shore. When they get to the shore, Jesus has already started a fire and is cooking fish along with some bread (even Jesus liked toast!)





Jesus invites the disciples to add some of their fish to the fire and then offers a simple invitation of “*Come and have breakfast.*” Reflect on this for a moment. This is Jesus’s third appearance since his death and resurrection – an experience beyond expectation and understanding – and his simple invitation is, “Breakfast anyone?”

I think John’s narrative offers us a very valuable truth, and that is that the energy and possibility of new life can show up in the most ordinary of circumstances and events. In other words, *the ordinary now becomes sacred, the routine now holds the possibility of resurrection life, our everyday existence has the potential wonder.* In his Gospel, John doesn’t have Jesus’s appearance happening in great cathedrals or simple meetinghouses, although that is entirely possible. Rather, Jesus’s appearances happen in an empty tomb, in a room full of fearful disciples behind closed doors, and on a beach around a fire cooking fish for breakfast. *The ordinary is no longer so ordinary. The ordinary is now filled with wonder, possibility, hope, and the presence of the Living Christ.*

As Quakers, we tend to keep things plain because of the very fact that we believe that the Living Christ is present in the very ordinary circumstances of life. Ornate cathedrals and elaborate worship ritual may offer beauty, but they are not the only containers of the resurrected Christ. The Living Christ is literally everywhere and can be experienced anywhere and often most likely in the most ordinary of moments and events of our life, even during breakfast!

*And for that reason, on Easter Sunday (April 20) we’re going to offer a “Simple Easter Breakfast” beginning at 8:45AM in Ragan Fellowship Hall. I’ll be offering my Breakfast Casserole, and you’re invited to bring whatever simple breakfast goodies you would like to add to the table. And with Jesus, I offer my simple invitation of “Come and have breakfast!”*

Scott



# Quaker Corner

On April 6th, Max Carter will be the guest speaker in our 10AM meeting for worship. Max is well known in Quaker circles and particularly in the High Point/Greensboro area. He is retired from Guilford College where he served for years as the Director of the Friends Center. You will enjoy both Max's insightful sharing of the Quaker faith as well as his humor.



## Friends Homes 5k Walk/Run

Got a spring in your step? Sign up for the 3rd annual 5K walk/run at Friends Homes in Greensboro on Saturday, April 26th at 9:30 am. The event is a fund raiser for residents who have had unexpected hardships or outlived their resources.

The 5K entry fee is \$30 but increases to \$35 on race day. The Fun Run fee is \$20 and increases to \$25 on race day. T-shirts are included with each entry.

**Register online at:**

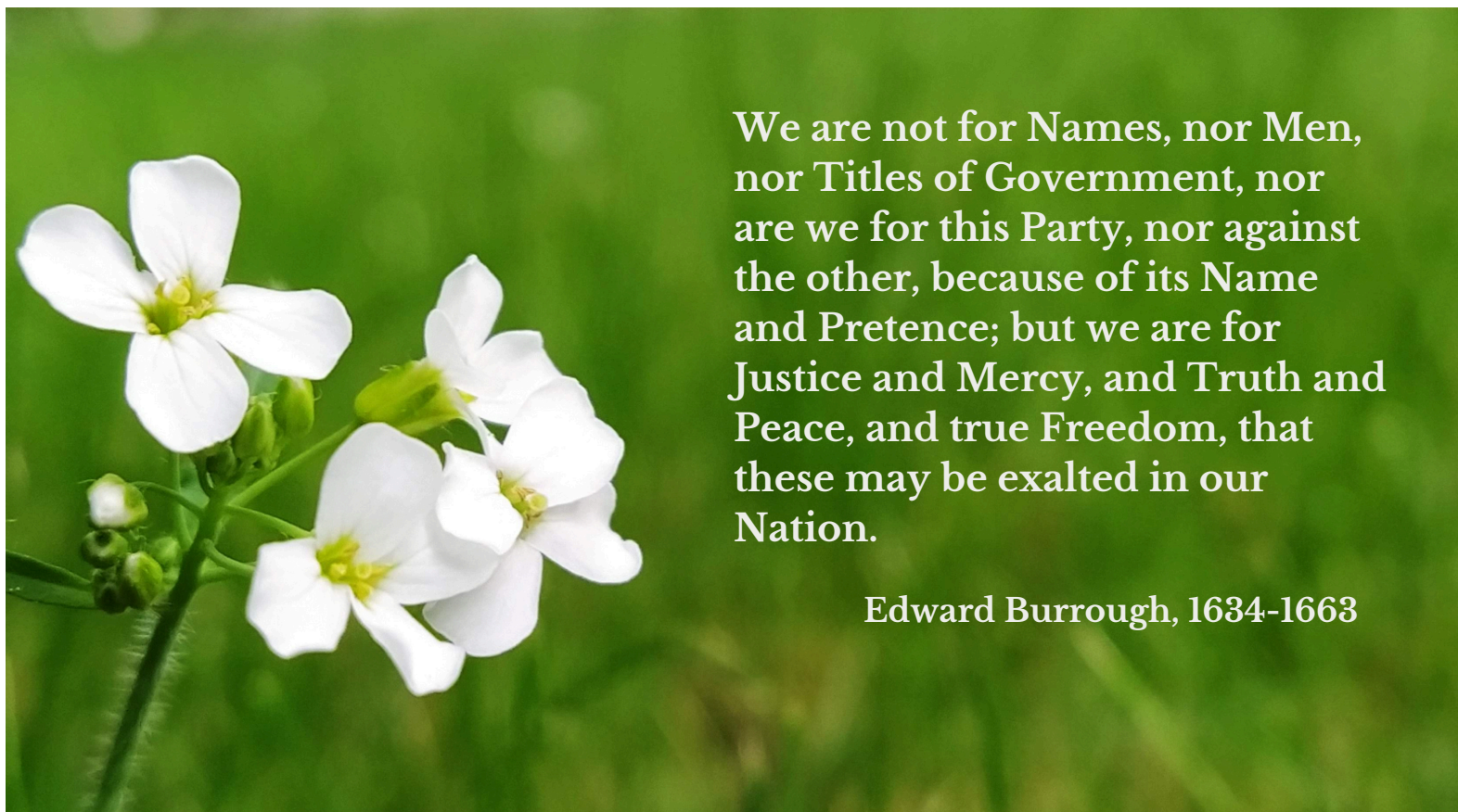
<https://runsignup.com/Race/NC/Greensboro/FriendsHomes3K5K>



## Quaker Query/Advice of the Month

“Bring the whole of your life under the ordering of the spirit of Christ. Are you open to the healing power of God’s love? Cherish that of God within you, so that this love may grow in you and guide you. Let your worship and your daily life enrich each other. Treasure your experience of God, however it comes to you. Remember that Christianity is not a notion but a way.”

*(Britain Yearly Meeting Faith & Practice)*



We are not for Names, nor Men, nor Titles of Government, nor are we for this Party, nor against the other, because of its Name and Pretence; but we are for Justice and Mercy, and Truth and Peace, and true Freedom, that these may be exalted in our Nation.

Edward Burrough, 1634-1663





**The Distance Between Us**  
**a play by Frank Levering**  
**featuring Terri Ingles and Heather Elliott**

**Saturday, May 10th at 6:30 pm**  
**Jamestown Friends Meeting**  
**509 Guilford Road, Jamestown, NC**



This play was presented last fall at Quaker Lake for the North Carolina Fellowship of Friends. It movingly tells the story using letters between a mother and daughter during the years leading up to the Civil War. The rifts and bonds between them will ring true to all of us as we think of our mothers on Mother's Day weekend.



**Seating is limited, suggested donation \$10 per person.**  
**All proceeds will benefit projects of the Historic Jamestown Society.**  
**To reserve seats, send names to [jamestownfriendsmeeting@gmail.com](mailto:jamestownfriendsmeeting@gmail.com).**

**SAVE THE DATE**



**QUAKER LAKE  
CAMP**

**Quaker Lake Camp**  
**Summer Camp 2025**

Session A	June 10	Ages 3-6
Session B	June 11-14	Ages 7-9
Session C	June 15-21	Ages 11-13
Session D	June 22-27	Ages 8-10
Session E	July 6-11	Ages 15-17
Session F	July 13-19	Ages 11-13
Session G	July 20-26	Ages 13&14
Session H	July 27-Aug. 1	Ages 8-10

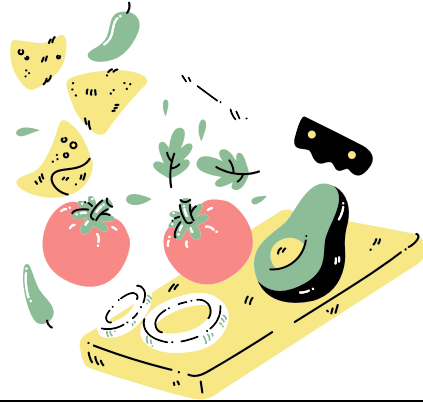
Quaker Lake Camp is an outreach ministry for all children!  
Please contact us if you would like to schedule a tour!

**[www.quakerlakecamp.org](http://www.quakerlakecamp.org)**



## Carry-In Lunch and Meeting for Business Sunday, April 27th

Mark your calendars for Sunday, April 27th as we gather for a Carry-In Fellowship Meal at 11:15AM following our 10AM Worship and then our Meeting for Business to follow.



North Carolina Friends Disaster Service is planning a spring rebuilding trip in New Bern April 6-11. They have been helping families in the New Bern area for the past several years. During this trip they will be doing repair work on homes damaged by storms, helping families return to a normal life.



Because of the devastation caused by storms in western North Carolina last fall, the group is also making plans for rebuilding trips in the mountains later this year. All volunteers of any skill level are welcome!

To register please call:

Gary Dodson (336-736-0845),  
Walter Shore (336-244-0527) or  
Allen Gibson (919-656-9030).

## Now Accepting Applications!

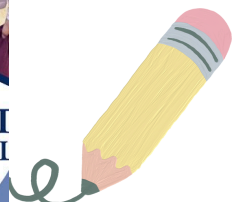
### 2 Years Old – 8th Grade

## Inquire Today!

- ✓ Small Class Sizes
- ✓ Individualized Instruction
- ✓ Before & After School Care
- ✓ Quaker Values
- ✓ Accepting NC Opportunity Scholarship

[https://bit.ly/HPFS\\_Inquire](https://bit.ly/HPFS_Inquire)

 Rob Kelley  
Head of School  336-886-5516  
[rkelly@hpfs.org](mailto:rkelly@hpfs.org)





# Center for Spiritual Deepening and Development

## High Point Friends Meeting

The purpose and intention of the *Center for Spiritual Deepening and Development* is to offer a place and space for us as a meeting to experience ways and practices of deepening our own spiritual life. It's not as much another program but, rather, an extension of our ministry as a Quaker meeting to participate in and share with others the gift of Quaker spirituality. Quaker spirituality is in many ways a contemplative way that invites folks into experiences that may include silence, solitude, listening prayer, and a deepening of our lives that invites us to go below surface living. Often we may feel that we are just skimming the surface of life and we never slow down to explore the depths of our own life and soul. My hope and vision is that through the Center, we can offer experience for our own meeting members and those in the community. Here is what is offered now as well as some possibilities for the future...

**Still Waters Contemplative Call** - Every Wednesday and Sunday evenings from 8:00PM - 8:30PM, I offer a simple contemplative prayer call via Zoom for anyone that would like to participate. I'll include the links in our regular emails. Please feel free to join the call any time.

**Intentional Prayer Wednesdays** - This is simply a day I invite each of us to give intention to pray for one another and the concerns for our world. We often open our Haworth Chapel from 10AM - 5PM for anyone that would like to use the space to sit and pray in the silence.

Other possibilities in the future include an occasional half-day retreat on a Saturday morning called *Unplug* in which we invite participants to literally "unplug" for a couple of hours and experienced a guided retreat around silence, worship, and experience deep quiet. Most of all, invite you to dream with me the possibilities of what we could share from the treasure of our Quaker spirituality!

Blessings!  
Scott



# WEEKLY BIBLE STUDY

## Tuesday Bible Study at 10AM in Ragan Hall.

Our weekly Bible Study has started a new focus of *Christ in the Weak and the Wounded*. This study focuses on how Christ is present in our weaknesses and our pain and how we can experience Christ even in the wounded places of our lives. This study is open to anyone and study guides are provided. We use the *Illuminate* study guide published by Barclay Press (Quaker publisher)

Join us at 10AM on Tuesdays  
Everyone is Welcome  
& Coffee is always on!

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## Intentional Prayer Wednesdays

We are opening our Haworth Chapel from 10AM-5PM for anyone that would like to avail themselves of the space to simply be present and pray. We invite Friends to take time on these Wednesdays to pray for our world, one another, and our own personal needs and concerns.

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## Please keep these friends in prayer

**Candace Heer** continues to reside at Piney Grove Nursing and Rehabilitation Center. If you would like to send her a card, their address is **728 Piney Grove Road, Kernersville, NC 27284**. She would welcome and appreciate your cards!

**Colon Farlow** has not been able to come to meeting for worship recently due to health issues. He is at home and has family assisting him. He welcomes cards and phone calls. His address is 3764 Edgar Road, P.O. Box 127, Sophia, NC 27350.

**Susan Lambeth** is the sister of Keith Lambeth and resides in Southport, NC. She was in an accident around mid-March and has been in the hospital and experiencing multiple surgeries. Please offer prayers for he continued healing and recovery.

**Gary Dobbins** is the brother of meeting member, Judy Burton, and a resident at Westwood Health and Rehabilitation Center in Archdale, NC. Please offer prayers for his health and for Judy as she offers care and presence.

**Judie Austin Family** - Judie Austin passed away on March 18. She and her husband, Neil Austin, who passed away in 2012, were members of High Point Friends Meeting. Please offer prayers for the family.





**HIGH  
POINT**  
*Friends*  
**MEETING**

**800 Quaker Lane  
High Point NC 27262  
Phone: 336-884-1359  
[www.highpointfriends.org](http://www.highpointfriends.org)**

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**Meeting Clerk-- Hanna Moore**

**Pastoral Minister-- Scott Wagoner**

**Piano & Choir Director-- Wanda Simmons**

**Office Administrator-- Nichole Looney**

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**Established in 1892  
133 Years of Service in the High Point Community**