



February 2026

THE FRIENDLY LIGHT

February Reflections

Birthdays

2/1

Colon Farlow

Kathy Kellum

2/2

Kelly Kellum

2/8

Byron Clodfelter

2/12

Owen Honeycutt

2/15

Megan Ward

2/22

Anita Turner

2/25

Marjorie Blair

Gerry White

Next Steps – Lynda's Cancer Treatment

It's during this month of February that Lynda will begin a new phase in her treatment for her Large B Cell Lymphoma. At the end of December, her Oncologist changed her to a new treatment regimen called CAR-T Cell Therapy. What is CAR-T Cell Therapy? T cells are white blood cells that find and suppress illness and infection throughout the body. These cells work with the body's own immune system to recognize and remove abnormal antigens (proteins or molecules) that are foreign to the body. Sometimes, when cancer cells have antigens that the body doesn't identify as abnormal, the body doesn't signal T cells to remove them, allowing the cancer cells to spread. This is when we put CAR T cells to work. Chimeric Antigen Receptor (CAR) T cell therapy is a type of cancer immunotherapy treatment that uses modified T cells to target cancer cells without harming the healthy cells nearby. It has proven to be an effective treatment for Large B Cell Lymphoma and that is our hope and prayer.

Anniverasries

2/6

Phillip & Theresa Fulton

It will require, though, Lynda and I to be in Durham for a few weeks. Once the modified T cells are reintroduced back into Lynda on February 19, we need to be within 30 minutes or less of Duke Hospital for at least two weeks. During that time, Lynda will be monitored daily with regular lab work. We need to be that close in case Lynda has any adverse reaction to treatment or severe reaction. We will be staying at the Residence Inn by Marriott / Duke University which is approximately a mile or less from Duke Hospital.



If we need to stay longer, it's possible that we could be in Durham up to March 21 st, or we could be home earlier. It will be a "week to week" process.

At this point, I know I will be away on Sunday, February 15 and February 22. It's possible that I might have to be away on Sunday, March 1 and March 8 as well. I've been working closely with Ministry & Oversight and Karin Heller to make plans for my absence. I am grateful that Karin Heller has offered to bring the prepared message on Sunday, February 15 and Joseph Neal will bring the prepared message on February 22. We are also planning on offering another "*Lightly Programmed" Meeting for Worship in Haworth Chapel on either March 1 or March 8.* We will keep everyone informed by email and greatly appreciate everyone's flexibility as plan around a rather fluid situation.

On a more personal note, Lynda and I continue to be deeply grateful for everyone's prayers, encouragement, and support. Since September of last year, life has changed dramatically, and in that time, we also experienced the passing of Lynda's mother. Through it all, you all as our faith community have been so supportive, understanding, and encouraging. I have felt released to attend to what I need to attend to in terms of Lynda's care and you have graciously received what pastoral presence and care I have been able to offer with my limited schedule. We are both very grateful for you as our friends and faith community. From our heart to yours, thank you!

With Deep Gratitude,

Scott

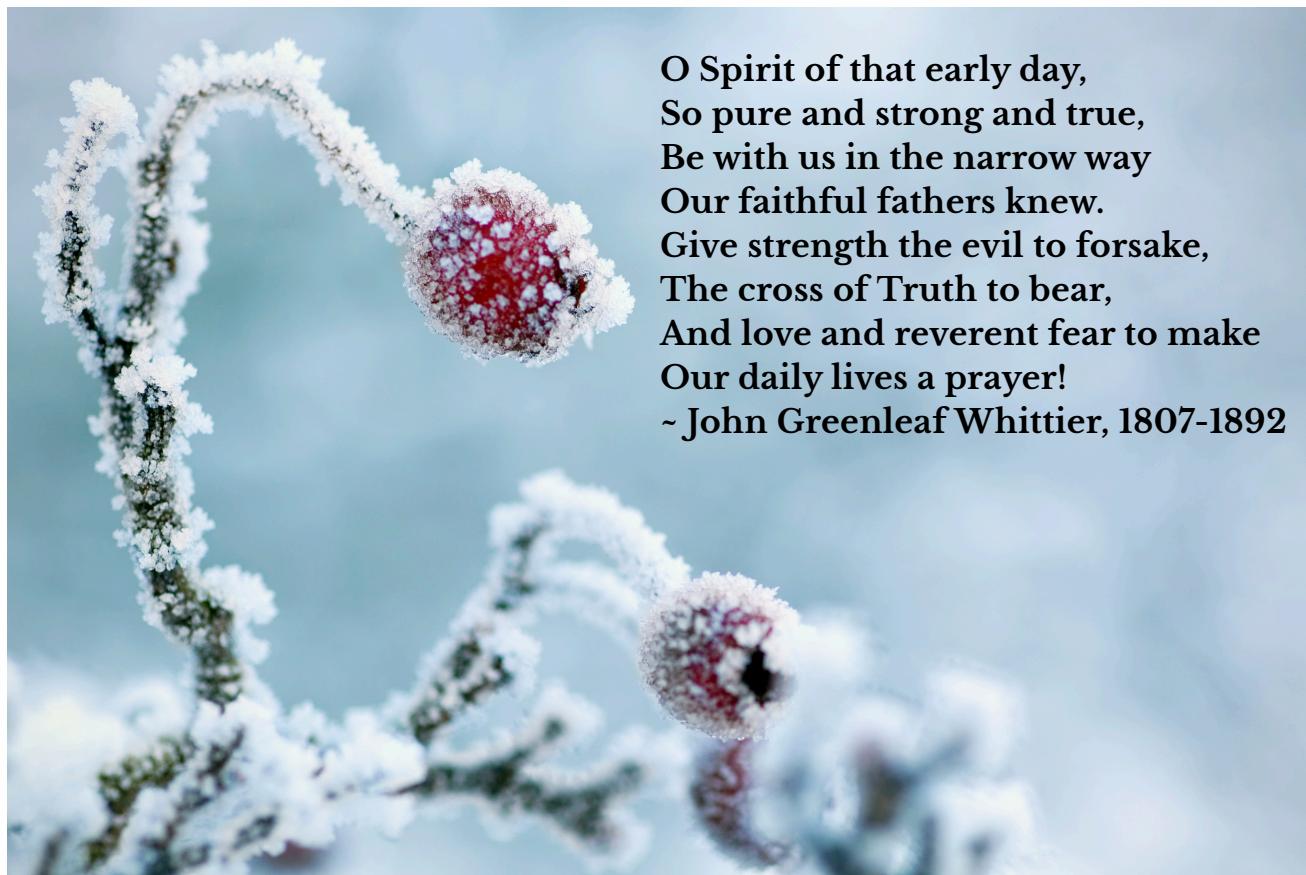
Quaker Corner

Quaker Query/Advice of the Month

Take time to reflect on this query throughout the month and pay attention to how it speaks to your condition and how it challenges us as a Quaker community. Especially during this busy time of year and season, how are you being invited to pay more attention to the world around you and your own “inner landscape”?

“Take heed, dear Friends, to the promptings of love and truth in your hearts. Trust them as the leadings of God whose Light shows us our darkness and brings us to new life.”

“Do you try to set aside times of quiet for openness to the Holy Spirit? All of us need to find a way into silence which allows us to deepen our awareness of the divine and to find the inward source of our strength. Seek to know an inward stillness, even amid the activities of daily life. Do you encourage in yourself and in others a habit of dependence on God’s guidance for each day? Hold yourself and others in the Light, knowing that all are cherished by God.”



O Spirit of that early day,
So pure and strong and true,
Be with us in the narrow way
Our faithful fathers knew.
Give strength the evil to forsake,
The cross of Truth to bear,
And love and reverent fear to make
Our daily lives a prayer!
~ John Greenleaf Whittier, 1807-1892

A note from Karin.....

Please join us on Sunday, February 8th for the next Godly Play

**GODLY PLAY
WITH FRIENDS
HIGH POINT FRIENDS MEETING
800 Quaker Ln. High Point, NC 27262**

Please join us on *Sunday, February 22nd at 11 a.m. in Ragan Fellowship Hall* for fellowship, refreshments, and Godly Play. This month we will share, 'Parable of the Mustard Seed'

Please join us, and bring a friend!

This is an intergenerational offering. We welcome and encourage Friends of all ages to attend.

You can learn more about Godly Play on their website,
<https://www.godlyplayfoundation.org>

**For more information, email Karin Heller at
kheller@hpfs.org**



**It may be cold and snowy outside, but we are
excited because.....**

Summer Camp Registration is Open!

HIGH POINT FRIENDS SCHOOL KIDS SUMMER DAY CAMPS

6 weeks of fun, educational experiences
for children ages 2.5-10 years old.

Rooted in Friends school values, our
faculty and staff provide an inclusive
and joyful environment.

Themed weeks include:

- Arts around the world
- Dinosaurs
- Wizarding world

& more!



Weekly: June, July 2026

800-A Quaker Lane, High Point, NC

More information:

bit.ly/summerHPFS

Contact Emily Martin with questions:

emartin@hpfs.org



Enroll now!

Winter Weather and Meeting Events

Winter weather can be both beautiful and disruptive at the same time. One of the ways it "disrupts" is our Sunday meeting for worship at High Point Friends Meeting. We've already experienced disruptions and cancellations this Winter, so as we go through the rest of the Winter season, here is how we will continue to communicate with you...

- In the event of possible Sunday cancellations, we will communicate via email and the High Point Friends Meeting Facebook page. If you know of someone in the meeting that does not have access to either, please reach out to them and update them.
- When we cancel Sunday meeting for worship - and assuming we have electrical power - I (Scott) will offer a livestream experience at 10AM on our High Point Friends Meeting Facebook page. There may also be times we offer an 11AM Zoom Room for folks just to connect and fellowship.
- Our weekly activities (Bible Study and Choir) will be offered assuming sidewalks and parking lots are cleared off. If not, we will notify folks by email and the Facebook page of cancellations.

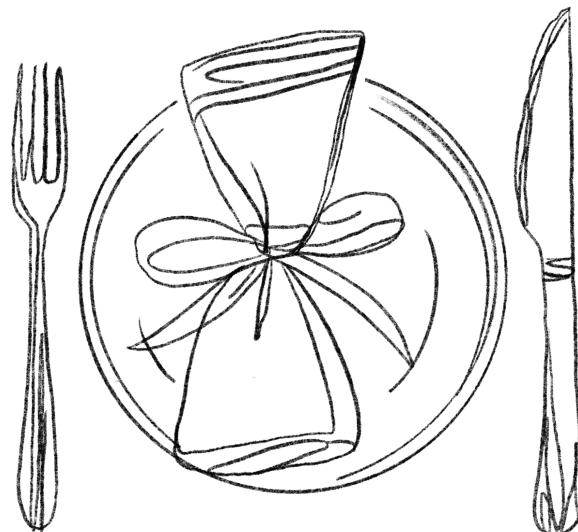
Our Winter scene pictures of the Meetinghouse are compliments of the Bowser family - Bob, Elizabeth, and Bea!

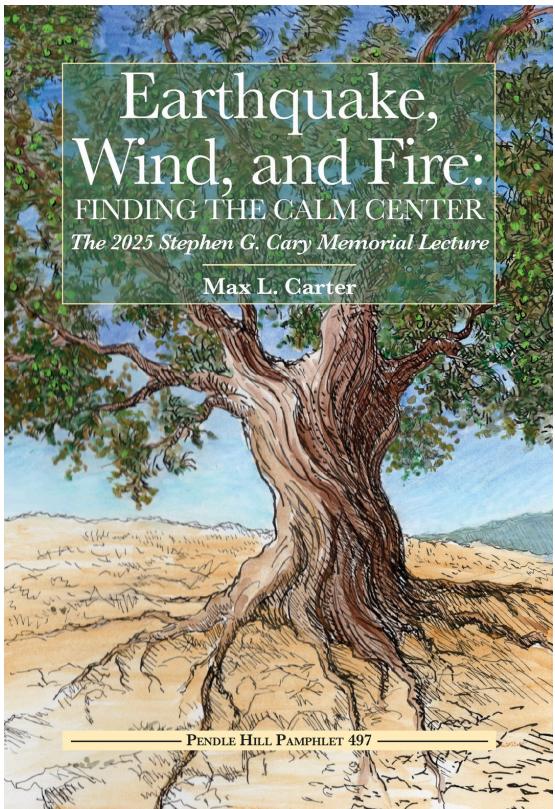
Quarterly Meeting for Business Sunday, February 8th

We'll have our quarterly Meeting for Business following our 10AM meeting for worship.

Join us for a Simple Carry-In beginning at 11:15AM and then the Business Meeting will follow the meal.

All meeting members/attenders are invited and welcome to attend and participate.





Seeking Calm in a New Pamphlet

We're excited to announce the pamphlet #497, *Earthquake, Wind, and Fire: Finding the Calm Center* by Max L Carter, based on his 2025 Stephen G. Cary Memorial Lecture. We are living in a time of "earthquake, wind, and fire." Many of us are searching for the "still, small voice of calm" where we can hear the voice of the Divine and find the strength to carry on. What lessons can we learn from the work of those living through war and catastrophe in Palestine and Israel, as they speak truth to power in the cause of a just peace? How might their experience inform us as we seek a calm Center in the eye of the storm? Get yours today in the Pendlehill.org bookstore, or subscribe to the pamphlet series in the bookstore so you never miss a publication.

Springfield Friends Fish Fry

The Fish Fry, originally scheduled for January 24th, had to be postponed because of the ice storm. It has been re-scheduled for Saturday, February 7th from 4:30-7:00 pm.

The Fish Fry this year is a benefit for Mark and Vicky Stroud, who have been facing enormous health challenges recently. Mark and Vicky are members of the Warren T. Parris class which started the Fish Fry many years ago.

Cost of the meal is only \$12 for adults, \$6 for kids ages 6-12 and free for children under 6. You can enjoy your meal in the Fellowship Hall or get take-out from the kitchen door. The menu includes delicious fried fish, baked potato, hush puppies, cole slaw and beverage.

Desserts are being provided by Jewel Baptist Church and will be sold separately.





Choir Rehearsal Schedule

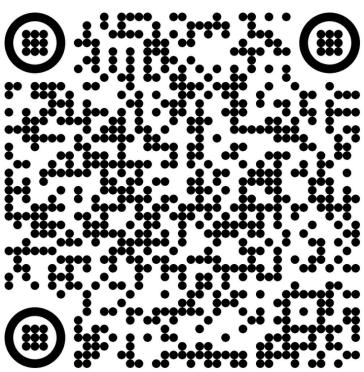
The choir rehearses every Wednesday beginning at 5:15PM and meet in the Worship Room (Sanctuary). If you can give a little time (and your voice), the choir welcomes new singers! We appreciate what they and Wanda bring to our time of worship.

Springfield Friends Annual Blood Drive

Saturday, February 28 will be Springfield Friends 22nd annual blood drive in memory of Sophie Lane Bryant. Appointment times are from 9:30 am to 2:00 pm. Giving blood helps to save lives! Each unit is divided into thirds, so many more people will receive the gift of life. You can participate by calling Debi Bryant at 336-215-4236 or by going online to www.redcrossblood.org.



High Point Friends Online Giving Portal



← Scan the QR CODE
or go to the website below to donate
securely from your phone or other smart device.

<https://giving.servantkeeper.com/highpointfriends/1902>

Your support helps High Point Friends
Meeting continue to fulfill its mission and
ministry effectively.

Thank you!

Center for Spiritual Deepening and Development

High Point Friends Meeting

“To live contemplatively means simply to approach life with openness, availability, and growing responsiveness to the God who speaks in everything, to the God who speaks from the depths of our very selves, to the God who spoke us into existence.”

(Roger Owens, Everyday Contemplative)

Dear Friends,

It is my dream and hope to begin to offer experiences and gatherings (half-day retreats, book studies, Zoom gatherings, etc.) that offer opportunities for folks to explore the spiritual life in a deeper way if one feels led to do so. The Quaker author, Richard Foster, wrote many years ago, *“The desperate need today is not for a greater number of intelligent people, or gifted people, but for deep people.”* I believe that to still be true today. Over the next few weeks and months, I’ll slowly introduce opportunities for Friends to participate in offerings that invite us into that deeper experience as well as the abundant life Jesus offers us.

With Gratitude

Scott

Still Waters Contemplative Call - Every Wednesday and Sunday evenings from 8:00PM - 8:30PM, I offer a simple contemplative prayer call via Zoom for anyone that would like to participate. I'll include the links in our regular emails. Please feel free to join the call any time.

Intentional “Pause & Pray” Wednesdays - This is simply a day I invite each of us to give intention to pray for one another and the concerns for our world. We often open our Haworth Chapel from 10AM - 4PM for anyone that would like to use the space to sit and pray in the silence.



WEEKLY BIBLE STUDY

Tuesday Bible Study at 10AM in Ragan Hall.

Our weekly Bible Study meets every Tuesday morning in Ragan Fellowship Hall. This study is open to anyone and study guides are provided. We use the *Illuminate* study guide published by **Barclay Press** (Quaker publisher) *Our study is presently focusing on the book of Genesis*. There is always a lively discussion and conversation and plenty of space for each person to explore their own spiritual journey as well as support one another in their spiritual journey.

Join us at 10AM on Tuesdays

Everyone is Welcome

& Coffee is always on!

Intentional “Pause & Pray” Wednesdays

We are opening our Haworth Chapel and Meeting Library from 10AM-4PM for anyone that would like to avail themselves of the space to simply be present and pray. We invite Friends to take time on these Wednesdays to pray for our world, one another, and our own personal needs and concerns.

Please keep these Friends in prayer

Byron Clodfelter - We offer prayers and sympathy for Byron and his family. His mother, Loma Clodfelter, passed away on January 23. A graveside service was held on January 29.

Lynda Wagoner - Prayers for Lynda as she starts a new therapy for her Large B-Cell Lymphoma cancer. Her new treatment is called CAR-T Cell Therapy and will begin on February 19. Prayers for continued progress and healing.

Keith Lambeth - Keith is back home and has been for a few weeks as he continues to recover from his heart bypass surgery and an infection that occurred after the surgery. He's received encouraging news from the doctors regarding the infection and we continue to pray for his recovery.

Kathy Solomon - We continue to offer prayers for Kathy Solomon. Her father, Wendell, passed away January 23. May God's love be with Kathy and her family in their grief.



**800 Quaker Lane
High Point NC 27262
Phone: 336-884-1359
www.highpointfriends.org**



Meeting Clerk-- Hanna Moore

Pastoral Minister-- Scott Wagoner

Piano & Choir Director-- Wanda Simmons

Office Administrator-- Nichole Looney

Dir. of Intergenerational Ministries & Community Life -- Karin Heller



Established in 1892

134 Years of Service in the High Point Community