

THE FRIENDLY LIGHT

November 2026

Birthdays

11/10
Fred Sams
11/12
Linda Everhart
11/16
Myra Clodfelter
11/20
Lauren Malpass
Vickie Sheets
11/21
Terry Venable

Anniversaries

11/17
Eddie & Kathy Solomon

Time to Move Forward

I want to thank everyone that participated in and engaged in the October focus of the celebration of our 70 th Anniversary as a Quaker Meeting at 800 Quaker Lane. I felt it was important to mark that time since there were many High Point Friends Meeting Quakers that gave of their time and energy (and money) to make sure that this present Meetinghouse became a reality. The month of October was a kind of immersion experience as we focused on the legacy of leadership, service and witness, and generosity. All of this was (and is) for the intention of sustaining a vital and engaged Quaker witness in the High Point community and beyond. It was good and right that we took time in October to honor the seventy years, but now it's time to move forward.

When I say "move forward", I don't mean it in the sense of forgetting what we just celebrated. Rather, I mean it in the sense of allowing the past to propel us into the future as we carry forward the best of who we are and we integrate it into to reality of who we presently are as a Quaker faith community and we journey into the future with eyes and hearts wide open to who God is calling us to be. The story of God's people in the scriptures is one of a journey and one in which God is continually calling them into a new future, step-by-step. To be sure, there were often challenges as well as obstacles to face and decisions to be made, but they were pulled by a deep sense that God had a future for them filled with promise and fruitfulness.



I feel the same way about High Point Friends Meeting. God is inviting us into a fruitful future and our task, if you will, is to discern that future as a faith community and step faithfully into it.

It's a testimony to the faithfulness of God and the faith of our Meeting that after over 130 plus years, High Point Friends Meeting continues to be an active presence in the High Point community along with High Point Friends School (which is much younger). We don't have to know what the future looks like in its totality, we only need to know what next step we need to take as we live into the dream, and vision God has for High Point Friends Meeting. And we take those steps as a community and we do it together as we share life together through our experiences of formation, community, and service, all for the intention of making God's love real in our lives and through our acts of service.

On the Journey with You

Scott



Quaker Corner

Quaker Query/Advice of the Month

Take time to reflect on this query throughout the month and pay attention to how it speaks to your condition and and how it challenges us as a Quaker community. Especially during this busy time of year and season, how are you being invited to pay more attention to the world around you and your own "inner landscape"?

"Every stage of our lives offers fresh opportunities. Responding to divine guidance, try to discern the right time to undertake or relinquish responsibilities without undue pride or guilt. Attend to what love requires of you, which may not be great busyness."
(Britain Yearly Meeting Faith & Practice)

Quaker Glossary

Quakers will often use terms and words that are unique to our expression of faith. These terms often have real intention around them as a way of bearing witness to our faith and the Quaker way. Here are a few...

Birthright / Convinced Friends - In Quaker history, the term *"birthright"* Friend has been used to describe those who are born to one or more Quaker parents. A *"convinced"* Friend is one who has come to the decision to join the Religious Society of Friends out of a commitment to its principles although early Friends often used the term to describe a person's experience of inward conversion and spiritual transformation. Ideally, all Friends, regardless of designation, should be convinced! In the 21st Century, there is little attention paid to whether or not a Friend is "birthright."

Mind the Light/Walk in the Light - Friends believe that the Inward Light/Christ is present as an inward guide and teacher. Encouragement to *"mind the Light"* or *"walk in the Light"* is counsel to live with integrity and with fidelity to what is good and true and keeps us steady in living in the way of Jesus and as Christ as our present Teacher and Guide.

A note from Karin.....

Dear Friends,

October has been incredible as we've looked back on, and celebrated our past, considered who we are today, and who we hope to be as a faith community in the future. My sense is that, despite the "official" celebration ending, this work will continue for us.

We are slowing things down a bit this month at High Point Friends Meeting. But not too much! We will have our monthly intergenerational Faith & Play Story Sharing on November 15th at 11 a.m. Please note that this event is rescheduled from the 8th. You can find the flyer in this newsletter. I look forward to seeing you there, and invite you to consider bringing a friend too. The more the merrier!

November will be a busy month at High Point Friends School as we celebrate World Kindness Day on November 12th, and a "Friendsgiving" lunch on November 17th before we begin Thanksgiving break. These sorts of opportunities for fellowship and celebration are a wonderful addition to all of the other ways we work, learn, and play together. The sense of community at HPFS is truly unmatched.

As always, I continue to be grateful to work, worship, and build community among Friends.

Warmly,
Karin Heller

FAITH & PLAY

STORY SHARING AT

HIGH POINT FRIENDS MEETING

800 Quaker Ln. High Point, NC 27262

Please join us on *Sunday, November 15th at 11 a.m. in Ragan Fellowship Hall* for fellowship, refreshments, and Faith&Play. This month we will share the story, 'Prayer and Meeting for Worship"
Please join us, and bring a friend!
This is an intergenerational offering. We welcome and encourage Friends of all ages to attend.
You can learn more about Faith&Play on their website, https://quakerfaithandplay.org

For more information, email Karin Heller at kheller@hpfs.org





We are well on our way to reaching our goal of 100 donors in 100 days.
Consider making your donation today!
A contribution of any amount is meaningful and helps us meet our goal.

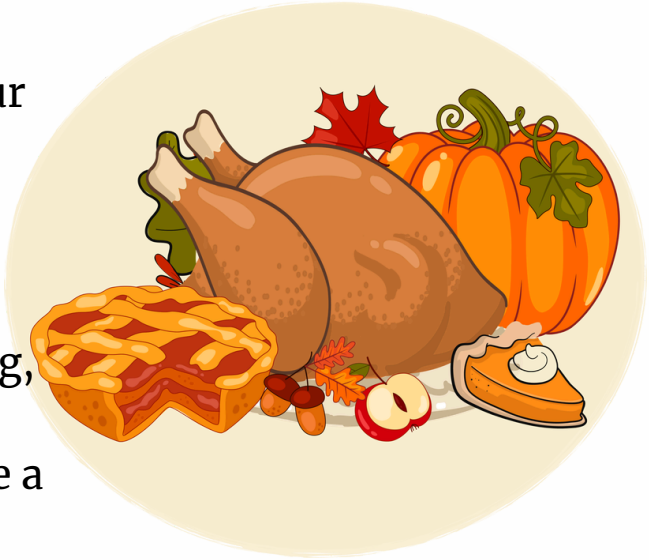
Paypal: @HPFriendsSchool
More info: hpfs.org/support

HIGH POINT
FRIENDS SCHOOL

Annual Thanksgiving Carry-In and Quarterly Meeting for Business

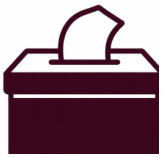
Sunday, November 22

On Sunday, November 22, we will have our Annual Thanksgiving Carry-in followed by our Quarterly Meeting for Business in Ragan Fellowship Hall.



We invite everyone to join us for this time of thanksgiving, fellowship, community building, and gathering to attend to the business of the Meeting. It's also a great opportunity to invite a friend to worship!

Reminder that High Point Friends Meeting is a polling place and Ragan Fellowship Hall will be occupied on Tuesday, November 3 (Election Day)



"We are not for Names, nor Men, nor Titles of Government, nor are we for this Party, nor against the other, because of its Name and Pretence; but we are for Justice and Mercy, and Truth and Peace, and true Freedom, that these may be exalted in our Nation; and that Goodness, Righteousness, Meekness, Temperance, Peace and Unity with God, and one with another, that these things may abound."

Quaker Edward Burrough,1659



Experience Christmas at Quaker Lake with an evening of worship as we pause to remember the reason for the season. Come enjoy the beauty of the lights, the lake, the songs and a message prepared by Pastor Scott.

Arrive at 5:30pm and park at the Multipurpose Building. Enjoy a nice candlelit stroll to the picnic shelter. Following the service, all are welcome to warm up with hot chocolate, apple cider, and s'mores by a fire.

Santa for Seniors

High Point Friends Meeting will once again be collecting items throughout the month of November in partnership with Senior Resources of Guilford to help make a difference in our community this Christmas. Items collected at High Point Friends will be included in over 900 gift bags that will be distributed to local seniors in need this holiday season.

Please drop off items to the Meeting House by
Monday November 30th.

Needed items

- deoderant
- bar soap
- hand soap/dish soap
- toilet paper
- paper towels
- tissues
- shampoo
- conditoner
- body wash
- lip balm/chapstick
- socks(large mens sizes)
- small blankets
- individually packed snacks(granola bars, chips, cookies, crackers, etc)
- easy open microwavable foods
- tuna/chicken pouches
- fruit cups

QUAKER LAKE CAMP

The Airnasium

Ever Over Us - A safe place to play, gather, & worship



Illustration reflects the vision for the Airnasium. Actual design is still being finalized and may vary.

Quaker Lake Camp is launching a capital campaign to build the Quaker Lake Camp Airnasium—a covered outdoor shelter designed for play and worship. The Airnasium will provide a gathering space for worship, games, and other all-camp activities, while protecting campers on rainy and extremely hot days.

What is an Airnasium?

- A covered outdoor structure—open-air sides, full roof—designed for the North Carolina climate.
- Large enough for all-camp games and worship, plus courts for various sports.
- A permanent facility at the heart of camp life.
- Built to last with minimal maintenance.

Why does QLC need an Airnasium?

- Rainy days cause outdoor camp activities to be cancelled.
- Summer heat limits outdoor programming.
- On rainy and extremely hot days, all-camp activities are held in the Multipurpose Building, limiting options.

The Airnasium will add a sheltered space for worship and games, protect campers from extreme heat and rain, provide extra programming space, and serve the camp for generations.

Ways to Support the Campaign Financially

Make a financial commitment today! Gifts may be made by check, cash, debit/credit card, EFT, and securities, and your pledge may be fulfilled over 3 years. The accompanying pledge form provides all the details. You can help secure the $250,000 challenge match gift with your commitment!

Ways to Support the Campaign with Your Time & Talents

We need your time and talents to make this staff and volunteer-driven campaign successful! As we strive to keep administrative and marketing expenses low, every volunteer hour is invaluable. Volunteers are needed on donor solicitation teams, to act as ambassadors for the project across the QLC community, and to plan campaign events and activities. Will you join us?

Quaker Lake has transformed lives for generations. Together, we can ensure that future campers continue to experience the same faith, friendship, adventure, and belonging that have defined this place for more than 75 years.

Campaign Updates

- Wehave received an anonymous challenge match gift of $250,000, which will jumpstart our efforts toward the full campaign goal yet to be determined.
- The project completion date is June 2027 to be utilized for Summer Camp 2027.
- The Campaign Committee is comprised of volunteers and staff and is chaired by Pete Jarvis, QLC board clerk; Allie Hylton, former QLC Foundation board clerk; and Heather Varner, QLC director.
- We're ready to meet the challenge and need people to support the campaign with their financial gifts and utilize their time and talents as part of our Campaign Committee.

LEARN MORE OR MAKE YOUR ONLINE PLEDGE HERE!

The BBQ is back! Be sure to put **Saturday, November 21st from 5:00 to 7:00 pm** on your calendar for our famous, mouth-watering BBQ. We want this to be a sold-out event, so please invite your friends and family for a delicious North Carolina treat!

Sit down indoors and enjoy the fellowship, or take-out at the kitchen door and enjoy it around your own table at home. **Tickets are $12.00**, which includes meat, hush puppies, cole or BBQ slaw, baked beans, dessert and beverage – you can't buy that anywhere else than Springfield! **Children age 6-12 are half price at $6.00**

SPRINGFIELD FRIENDS
Famous Pork Shoulder Barbecue



NC Friends Historical Society

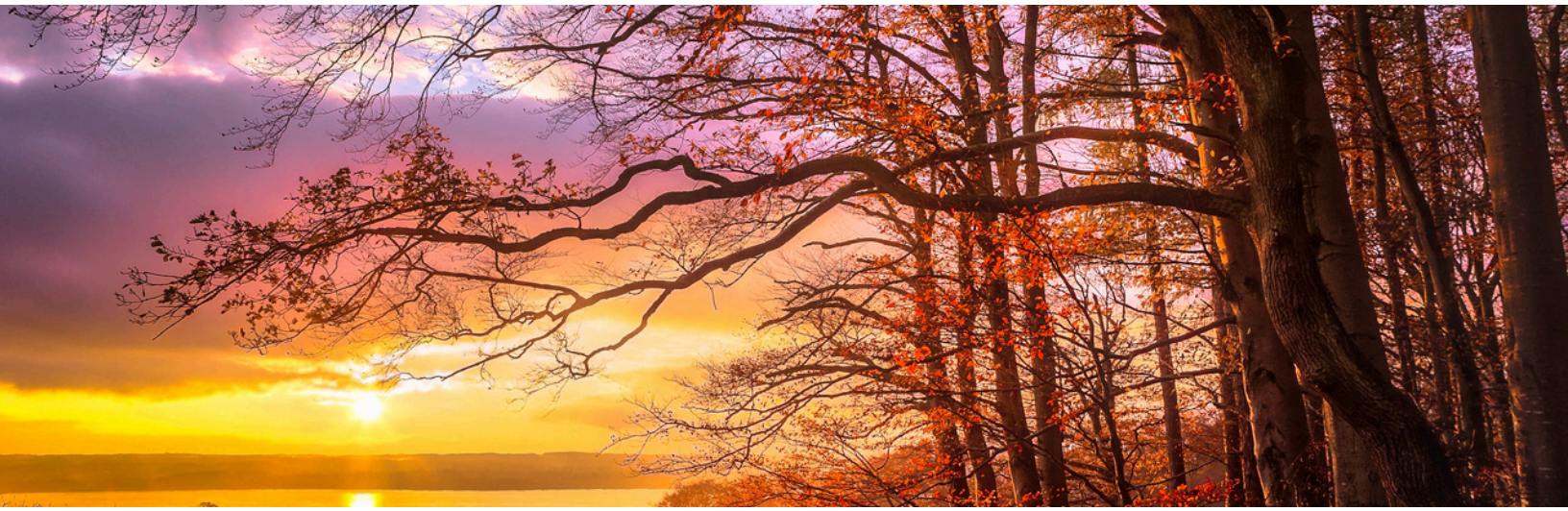
The North Carolina Friends Historical Society will hold its annual meeting and lecture Saturday, November 7th at 9:30 am at New Garden Friends Meeting, 801 New Garden Road in Greensboro.

The speaker will be Alvis Dunn, speaking about Quaker Influence in North Carolina and America.
Raised in rural Chatham County, Dr. Dunn taught for 15 years at Guilford before moving to UNC Asheville in 2013, where he teaches history, humanities and geography.

Carol Nichols - *Debbie Albert has informed the Meeting that her mother, Carol Nichols, passed away on Tuesday, October 27, at High Point Hospital. Carol was a long time member of High Point Friends Meeting but was not able to attend in several years. She spent almost the last two years at Westchester Harbour Assisted Living. She was 92 years old.*

There will be a Visitation at Cumby's in High Point on Saturday, November 7th, from 10:00AM - 11:00AM and a graveside Service at Randolph Memorial Park in Asheboro at 12:30PM. Roland Cavanaugh, Chaplain at Westchester Harbour Assisted Living, will Officiate.

Please hold Debbie and Jeff Albert in God's Light and Love during this time.



Choir Rehearsal Schedule

The choir rehearses every Wednesday beginning at 5:15PM and meet in the Worship Room (Sanctuary). If you can give a little time (and your voice), the choir welcomes new singers! We appreciate what they and Wanda bring to our time of worship.

Take some time today to slow down, lift your head and enjoy the beauty of Autumn. A moment of gratitude can change your whole day!



"Every leaf speaks bliss to me, fluttering from the autumn tree."
— Emily Brontë

High Point Friends Online Giving Portal

← Scan the QR CODE
or go to the website below to donate
securely from your phone or other smart device.

https://giving.servantkeeper.com/highpointfriends/1902

Your support helps High Point Friends Meeting continue to fulfill its mission and ministry effectively.

Thank you!

Center for Spiritual Deepening and Development

High Point Friends Meeting

"To live contemplatively means simply to approach life with openness, availability, and growing responsiveness to the God who speaks in everything, to the God who speaks from the depths of our very selves, to the God who spoke us into existence."

(Roger Owens, Everyday Contemplative)

Dear Friends,
It is my dream and hope to begin to offer experiences and gatherings (half-day retreats, book studies, Zoom gatherings, etc.) that offer opportunities for folks to explore the spiritual life in a deeper way if one feels led to do so. The Quaker author, Richard Foster, wrote many years ago, *"The desperate need today is not for a greater number of intelligent people, or gifted people, but for deep people."* I believe that to still be true today. Over the next few weeks and months, I'll slowly introduce opportunities for Friends to participate in offerings that invite us into that deeper experience as well as the abundant life Jesus offers us.

With Gratitude
Scott

Still Waters Contemplative Call - Every Wednesday and Sunday evenings from 8:00PM - 8:30PM, I offer a simple contemplative prayer call via Zoom for anyone that would like to participate. I'll include the links in our regular emails. Please feel free to join the call any time.

Intentional "Pause & Pray" Wednesdays - This is simply a day I invite each of us to give intention to pray for one another and the concerns for our world. We often open our Haworth Chapel from 10AM - 4PM for anyone that would like to use the space to sit and pray in the silence.

WEEKLY BIBLE STUDY

Tuesday Bible Study at 10AM in Ragan Hall.

Our weekly Bible Study meets every Tuesday morning in Ragan Fellowship Hall. This study is open to anyone and study guides are provided. We use the *Illuminate* study guide published by **Barclay Press** (Quaker publisher) **We are presently journeying through the book of 1 Peter in the New Testament.** There is always a lively discussion and conversation and plenty of space for each person to explore their own spiritual journey as well as support one another in their spiritual journey.

Join us at 10AM on Tuesdays
Everyone is Welcome
& Coffee is always on!

Intentional "Pause & Pray" Wednesdays

We are opening our Haworth Chapel and Meeting Library from 10AM-2PM for anyone that would like to avail themselves of the space to simply be present and pray. We invite Friends to take time on these Wednesdays to pray for our world, one another, and our own personal needs and concerns.

Please keep these Friends in prayer

- ***Gerry White** is still in the hospital at Kernersville Medical Center where they have been treating him for infection and diverticulitis. Along with that he is being monitored for issues related to blood pressure and congestive heart failure. Please hold Gerry and Angeline in God's Love and healing Light.*
- ***Michael Cushwa** continues to be in rehab at Pennybyrn where he's been recovering from recent amputation surgery on his right leg. Prayer for his continued strength and recovery.*
- ***Bob Bowser** is back to work after taking a couple of weeks to rest/recover from his recent heart attack and surgery for a stent. He and his wife, Elizabeth, teach together in the same classroom. Prayers for Bob's strength and continued healing as well as strength for Elizabeth and their daughter Beatrice.*
- ***Joyce Wolford** continues to rest and recover from her recent bone marrow transplant. She and Jerry have been home for a few weeks and the recovery continues at home. Prayers for her continued strength, rest, and recovery.*



HIGH POINT Friends MEETING

800 Quaker Lane
High Point NC 27262
Phone: 336-884-1359
www.highpointfriends.org

Meeting Clerk-- Hanna Moore

Pastoral Minister-- Scott Wagoner

Piano & Choir Director-- Wanda Simmons

Office Administrator-- Nichole Looney

Dir. of Intergenerational Ministries & Community Life -- Karin Heller

Established in 1892
134 Years of Service in the High Point Community